



AL SALAM BULLETIN

Volume # 73

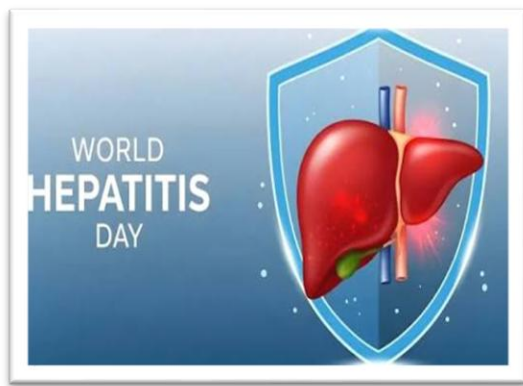
Medical Development Center

OVERVIEW ABOUT AL SALAM BULLETIN

Al Salam bulletin is your one stop comprehensive newsletter, for all the latest healthcare content. Stay updated with latest healthcare related news, public health advice, narrative experiences, training, and links to valid sources for further reading / fact-checking. Medical Development Center highlights Bulletin sources for you to keep abreast of the latest developments and trends in the Healthcare industry.

Health Awareness Days

World Hepatitis Day – 28th July



awarenessdays.com

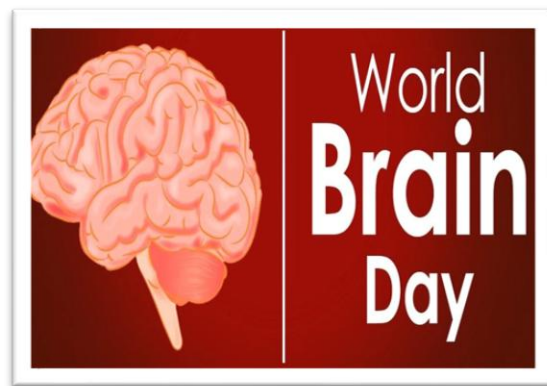
World Hepatitis Day 2026 is a global health awareness event dedicated to shining a spotlight on hepatitis – a group of infectious diseases that affect millions worldwide.

Each year, people come together to raise awareness, encourage prevention, and support those living with hepatitis, with the ultimate goal of eliminating the disease as a public health threat. This annual event is a vital opportunity for communities, healthcare professionals, and organizations to unite and take action for a healthier future.

World Hepatitis Day 2026 is an international campaign organized to increase understanding of hepatitis, promote access to testing and treatment, and challenge the stigma often associated with the condition.

[Read more...](#)

World Brain Day – 22nd July



wfneurology.org

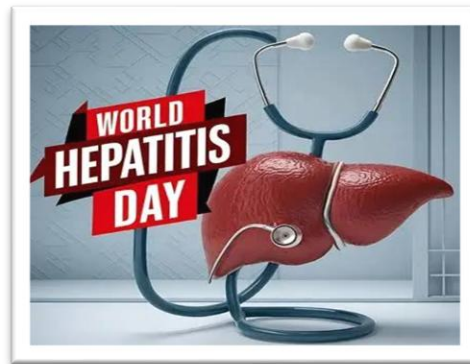
The World Federation of Neurology (WFN) today launches World Brain Day 2026, centered on the theme “Brain Health: Access for All.”

This global initiative addresses a critical disparity: while neuroscientific progress is accelerating, over 3.4 billion people—more than 40% of the global population—currently live with neurological conditions. This makes brain disorders the leading cause of disability worldwide.

“World Brain Day 2026 focuses on one of the defining challenges of our time: making brain health accessible to everyone, everywhere,” says Professor Tissa Wijeratne, OAM, MD, PhD, Chair of World Brain Day 2026. “The message is simple but urgent: access delayed is potentially access denied.”

[Read more...](#)

What You Need to Know



What are the best ways to prevent hepatitis infection?

Vaccination, practicing safe sex, avoiding sharing needles or personal items, and consuming clean water and food are key preventive measures.

Can hepatitis be sexually transmitted?

Yes, hepatitis B and, less commonly, hepatitis C can be transmitted through unprotected sex.

Is hepatitis hereditary?

Hepatitis itself is not hereditary, but it can be transmitted from mother to child during childbirth if the mother is infected.

How is hepatitis diagnosed?

Hepatitis is diagnosed through blood tests that detect viral markers, liver enzymes, and, if needed, imaging or biopsy.

How is hepatitis transmitted?

Hepatitis is transmitted through contaminated food/water, infected blood, unprotected sex, and from mother to baby during childbirth, depending on the type.

Is hepatitis curable?

Hepatitis C is curable, and hepatitis A and E usually resolve on their own. Chronic hepatitis B and D can be managed with long-term treatment.

Can someone have more than one type of hepatitis at the same time?

Yes, co-infections are possible, especially with hepatitis B and D, or B and C.

Can a person live a normal life with hepatitis?

Yes, with timely diagnosis and proper treatment, many people with hepatitis live full and healthy lives.

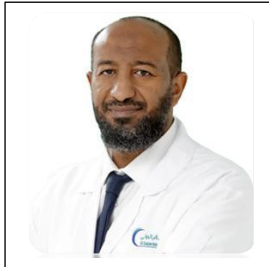
How can I prevent hepatitis infection?

Stay vaccinated, practice good hygiene, avoid risky behaviors (like sharing needles or unprotected sex), and ensure safe food and water intake.

Read more...

Journal Publication

Laser Hemorrhoidoplasty: Two-Year Outcomes from a Retrospective Observational Cohort Study



Authors

Dr. Osama Elhardello, Dr. Ayesha Hamed, Dr. Ahmed Abdelhady, Dr. Mohamed K. Alhanafy
Al Salam Al Assima Hospital & Al Salam Al Ahmadi Hospital, Kuwait — with Menoufia University, Egypt
Published in Lasers in Medical Science (2026).

Abstract

This study reviewed laser hemorrhoidoplasty (LHP) outcomes in 77 patients over two years, most with advanced disease (83% grade III–IV). The procedure was well tolerated, with low postoperative pain (mean VAS 1.6), minimal opioid use (5.2%), and a one-day hospital stay for most. Over 90% achieved sustained symptom resolution at one year, with only 9.1% recurrence and 81% patient satisfaction. Just one patient developed a complication requiring surgery. LHP appears to be a promising minimally invasive option, even in advanced hemorrhoidal disease.

Background

Hemorrhoids are a common condition causing bleeding, swelling, itching, and discomfort. Surgery is usually offered after conservative treatment fails or in higher-grade disease. Traditional excisional surgery is effective but painful, while minimally invasive options offer faster recovery. LHP is a newer technique that aims to combine low pain with good long-term results.

Results / Case Series Summary

- 77 patients (median age 40.6 years), 83% grade III–IV
- Mean pain score: 1.6 / 10; only 5.2% needed opioids
- Hospital stay: 1 day for most; return to normal activity within the first week
- Recurrence at 1 year: 9.1%
- Complications: 1 patient (submucosal abscess, treated successfully)
- Satisfaction: 81% satisfied, 90% reported satisfactory outcomes

Discussion

The findings support LHP as a safe, well-tolerated procedure with low pain and high satisfaction, even in advanced disease. Recurrence (9.1%) was in line with international literature. As a single-center study without a control group, results should be interpreted cautiously, and larger comparative trials are recommended.

To know more [Click here...](#)

SASH Events in June 2026

Title: Recurrent Chest Infections & Management

Date: 04th June 2026

Presented by : Dr. Ghada Eid

Time: 1230 hrs

Venue: SASH Abdul Rahman Al Ateeqi Auditorium/
Hybrid






 Al Salam Al Assima Hospital
 Cordially Invites you to Attend a
 Session on
**“When Chest Infections Keep Coming Back:
 Thinking Beyond the Lungs ”**

 Speaker
Dr. Ghada Eid
 Consultant, Respiratory Diseases

Title: First Aid Workshop for Talabat Team

Date: 14th & 18th June 2026

Time: 1000 hrs - 1130 hrs

Venue: Talabat Head Office



Title: First Aid CPR course for KFH Capital Employees

Date: 23rd June 2026

Time: 0800 hrs – 1530 hrs

Venue: SASH Abdul Rahman Al Ateeqi Auditorium



Title: ISO Certification Audit Closing Ceremony

Date: 25th June 2026

Time: 1100 hrs

Venue: SASH Abdul Rahman Al Ateeqi Auditorium



SAHH Events in June 2026

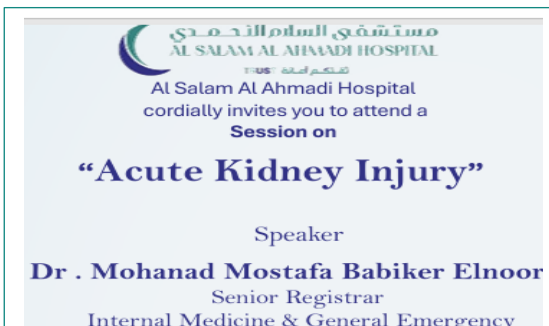
Title: Acute Kidney Injury



Presented by: Dr. Mohanad Mostafa Babiker Elnoor

Date: 20th June 2026

Time: 1300 hrs

Venue: SAHH – 2nd Floor Training Room/ Hybrid



 Al Salam Al Ahmadi Hospital
 cordially invites you to attend a
 Session on
“Acute Kidney Injury”
 Speaker
Dr . Mohanad Mostafa Babiker Elnoor
 Senior Registrar
 Internal Medicine & General Emergency

SAHH Events in June 2026

Title: Antiseptic and Disinfectant Products

Presented by: Dr. Elias Nicola, General Manager – Medzone Company

Date: 21st June 2026

Time: 1300 hrs

Venue: SAHH – 2nd Floor Training Room/ Hybrid



Al Salam Al Ahmadi Hospital cordially invites you to attend a Session on
“Skin and Neonate: Normal Findings and Common Disorders”

Speaker



Dr . Divya Padassery
Registrar
Derma Care Center

Title: Endodontic Emergencies

Presented by: Dr. Dalal Alsubaie

Date: 22nd June 2026

Time: 1300 hrs

Venue: SAHH – 2nd Floor Training Room/ Hybrid



Al Salam Al Ahmadi Hospital cordially invites you to attend a Session on
“Endodontic Emergencies”

Speaker



Dr . Dalal AlSubaie
Consultant
Dental Center

Title: Migraine

Presented by: Dr. Rasha Fahmi

Date: 24th June 2026

Time: 1300 hrs

Venue: SAHH – 2nd Floor Training Room/ Hybrid



Al Salam Al Ahmadi Hospital cordially invites you to attend a Session on

“Migraine”

Speaker

Dr. Rasha Fahmi
Registrar
General ER

Title: Anesthesia for Laparoscopic Surgeries

Presented by: Dr. Mariam Habeeba

Date: 25th June 2026

Time: 1300 hrs

Venue: SAHH – 2nd Floor Training Room/ Hybrid



Al Salam Al Ahmadi Hospital cordially invites you to attend a Session on

“Anesthesia for Laparoscopic Surgeries”

Speaker

Dr. Mariam Habeeba
Senior Registrar
Anesthesia

Title: Management of Splenic Injury in Trauma

Presented by: Dr. Mohammad Alshloul

Date: 27th June 2026

Time: 1300 hrs

Venue: SAHH – 2nd Floor Training Room/ Hybrid



Al Salam Al Ahmadi Hospital cordially invites you to attend a Session on

“Management of Splenic Injury in Trauma”

Speaker

Dr. Mohammad Alshloul
Registrar
General Surgery